



ESFRA 2016-2017 Program Schedule

All programs start the week of September 19 unless otherwise indicated

PROGRAM/EVENT	DAY	TIME	LOCATION
Kinder Bears (4+ yrs.)/ Wee Bears (1-3+yrs) Side by Side 	Wednesday	9:00-11:00	Oyster Pond Academy
	Thursday	9:00-11:00	ESFRA Centre
Wee Bears Parent- Child Interactive Program (Ages 1-3+ years) 	Monday	9:30-11:00	Good Shepherd Church, Lawrencetown
	Tuesday	9:00-10:30 11:00-12:30	ESFRA Centre
	Wednesday	9:00-10:30 11:00-12:30	ESFRA Centre
	Thursday	10:30-12:00	St. James Hall, Jeddore
	Friday	9:00-10:30 11:00-12:30	ESFRA Centre
Bookworms at Play Family Literacy Program (Ages 3-5 years) 	Monday	9:00-11:00	ESFRA Centre
	Tuesday Session 1 (15 weeks) Sept.20-Jan.24	9:30-11:30	Musquodoboit Harbour Library
	Session 2 (15 weeks) Jan.31-May 16		
	Friday	9:30-11:30	Atlanticview School, Lawrencetown

New Parent Group/Breast Friends (Ages 0-1) New Parent Group/Breast Friends (Ages 0-1) 	Monday	1:30-3:00	ESFRA Centre
	Monday	2:00-3:30	St. David's United Church, Lake Echo
	Thursday	1:30-3:00	St. James Hall, Jeddore
Saturdays at the Centre Wee Bears Bookworms	Saturday Session 1 (14 weeks) Sept.24-Jan.28 Session 2 (14 weeks) Feb.04 -May 16	9:30-11:00 1:00-3:00	ESFRA Centre ESFRA Centre
Drop-in Programs Grand Parent Shift Support Group Breast Friends (see New Parent Group) Kids n Elders Mum's Night Out Sept.20 Play Dates Are Us Sept.22	Monday Monday Monday Thursday Monday Tuesday Thursday	10:00-12:00 1:30-3:00 2:00-3:30 1:30-3:00 10:00-11:30 7-9pm 9:00-10:00	Eastern Shore Memorial Hospital (Sheet Harbour) ESFRA Centre St. David's United Church, Lake Echo St. James Hall, Jeddore Birches ESFRA Centre St. James Hall, Jeddore
March Break Days Play Dates Are Us	March 13 - 17/17 Monday-Friday (Tentative)	10:00-11:30	St. James Hall, Jeddore ESFRA Family Centre

<p>Parent Education Great Expectations Pre-Natal Program</p>  <p>****We will be offering other parenting workshop opportunities but have yet to decide what these will be. ****</p>	<p>Tuesday Fall 2016 Sept. 19 - Nov. 21 (8-9 weeks) Spring 2017 Apr. 04 - May 23 (8-9 weeks)</p>	<p>6:15-8:00</p>	<p>Lake and Shore Community Recreation Centre</p>
<p>Special Events Clothing Shop n Go</p>	<p>Fall 2016 TBA Spring 2017 TBA</p>	<p>TBA</p>	<p>TBA</p>
<p>Fundraisers</p>	<p>TBA</p>	<p>TBA</p>	<p>TBA</p>