



Help us turn your empty drink containers into programs!

Take your refundable containers to Greentree Recycling near the Porters Lake Superstore and tell them they are for the Eastern Shore Family Resource Association.

Thanks for your support!

www.esfamily.org
902-827-1461



Jar

Candle Fundraiser



The Eastern Shore Family Resource Association is pleased to offer the very popular jar candles & air fresheners for sale again.

The candles cost **\$12 each** burn for 75 hours. The air fresheners come in a pack of three and sell for \$10.

All money is due **NO LATER THAN February 27th, 2017.**

Please be sure to include your name, program day & time, program name & location on your order forms.

Thanking you in advance for your support of our programs and services offered at the Family Centre **FREE** of charge to our Eastern Shore communities.

Get into the warm and Drop-in on Us!

The GRAND PARENT SHIFT (GPS)

**A Support Group for
Grandparents raising Grandchildren.**

NEXT MEETING DATES: Monday January 16 &
February 13 (TBC)

TIME: 10-12

WHERE: Eastern Shore Memorial Hospital Board-
room

For more information please call Tracy Cowan @
902-827-1462 or tcowanesfra@ns.aliantzinc.ca.

Play Dates Are Us

March Break Days

When: Tuesday-Thursday

Time: 10-12

**Where: ES Family Centre, Porters
Lake & St. Jams Hall, Jeddore**

**Come join us for some fun activities over
the March Break for children ages 0—10
yrs. There will be crafts, games & 'light' re-
freshments'. Families are welcome to bring
their own nut-free snacks. For more infor-
mation, please call the Family Centre at
902-827-1461**

Kidz 'n' Elders

Kidz 'n' Elders is an intergenerational fun & social weekly playgroup for parents/caregivers and children ages 0-6 yrs which focuses on play and social skill development with seniors in our community. The senior residents from the Birches Home for Special Care meet and play with our 'little ones' for a morning of songs, stories, creative activities and light refreshments. Kidz 'n' Elders is a **DROP-IN program** and does not require registration to attend. However, we are limited in the number of children we can accommodate on any given day to 8 - 10 children and their parents/caregivers. Doors will open no earlier than five minutes prior to Kidz 'n' Elders starting. This program is in partnership with the Birches Home for Special Care.

Mondays 10-11:30

With much Thanks & Appreciation to
Dennis Manuge & John Gibbons who
kindly attended our Kinder Bears Pro-
gram to speak to our little ones about the
importance of Remembrance Day!

**Congratulations to our 50-50 Draw winner,
Bryan Tibbo. His grandson Evan, who at-
tends our Wee Bears program, sold him the
winning ticket in the amount of \$1820.50!
Thanks to all who helped support ESFRA
with this successful fundraiser!**

The Family Corner.....for Parents

12th Annual Preschool Screenings

ESFRA had been partnering with Dalhousie School of Human Communication Disorders and Audiology for the past 11 years to deliver preschool screenings to our Bookworms, Kinder & Wee Bears children attending programs with ESFRA. Notices will be going out to families in our programs soon with the details but the save the following dates:

Wednesday & Thursday April 26 & 27.
Good Shepherd Church in Lawrencetown.